



LathamCenters

FISCAL YEAR
2018
ANNUAL REPORT



Latham Board Chair Christine Gillstrom Burgess and her husband, Mark Burgess.

From the Board Chair

In 2015, a former Latham Board member introduced me to Latham Centers because I was looking to become involved in an organization that made a difference. After conversations with a few members of the Board and Anne McManus, Latham’s CEO, followed by an eye-opening visit to the Brewster campus, I wholeheartedly committed to joining the Board of Directors. The more I learned about Latham, the more impressed I became with Latham’s mission; its leadership and senior management; the staff’s commitment to providing a creative, positive, and motivating learning environment for students and residents; and finally, the students and residents themselves who thrive in this nurturing environment. I knew I wanted to advocate for and contribute to this organization. And so, here I am.

Latham Centers’ mission is centered around four core values – Belonging, Mastery, Generosity, and Independence. We consider these values to be necessary ingredients in a happy, successful, and fulfilling life. We endeavor to inspire each individual to collaborate and be generous with each other, be creative in their thinking, take pride in their personal growth, and along the way, find the beauty of life lived as independently as possible.

This past fiscal year has been one of many milestones. We launched the public phase of our capital campaign for the new Latham Community and Arts Center as well as expanded our Adult Residential and Shared Living Programs. Through the collaborative efforts of our staff, we published the Living Healthy with PWS Cookbook. Our own Patrice Carroll, Latham Centers’ world-renowned Prader-Willi syndrome specialist, shared her expertise in PWS best practices as she co-chaired the 34th Annual PWS Providers Conference in Orlando.

Our Latham community of supporters includes our talented staff, loving family members, our dedicated Board of Directors, and our generous donors. This year, Leah Healy, the proud sister of a Latham student, created the Run for PWS with the hope of making a difference in the lives of all students at Latham. Another Latham family member, Brendan Corliss, exceeded his fundraising goal when he rode 220 miles in his 2017 Strength Ride in honor of his brother, an adult resident. And for the third year in a row, staff, Board members, and friends of Latham alike raised funds by committing to participate in Roll the Rock and The Last Gasp events!

I am truly inspired by our supporters for their dedication and commitment to Latham’s mission and core values. On behalf of the Board of Directors, I thank you for helping every child and adult resident of Latham to become their best selves through your participation, financial contributions, and gifts of time.

Fiscal Year 2018

Latham Centers, Inc.
July 1, 2017 – June 30, 2018

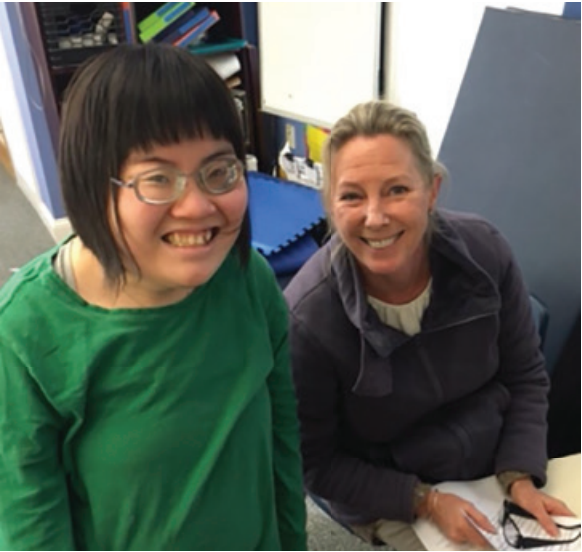
Board of Directors

Officers

Christine Gillstrom Burgess, Chair
Christine Thomas, MD, Vice Chair
Jack Kelly, Treasurer
Keith Bradley, Clerk

Directors

Frank Burgess
Daniel Chamberlain, Esq.
Jeff Cotto
Stephen Drowne
Kathryn Earle
Bonnie Ellis
Mary Pat Messmer
Robert Newman
Todd Squire



Incoming FY19 Directors

Tyler Eldredge
Matt McCleery
Leslie Watt

Emeritus Members

Dr. Russell S. Boles, Jr.
Harry MacDonald*
*Deceased

Senior Administration

Craig Anderson, *VP of Organizational Development*
Lee Chamberlain, *VP of Operations*
Patricia Hallahan, *Interim CFO*
Anne McManus, *President and CEO*

Program Directors

Gerald Pouliot III, *Director of Children’s Services*
Gina Sheehan, *Director of Adult Services*





CHILDREN SERVED

Students in Children’s Services:	54
Students with diagnosis of Prader-Willi syndrome:	28
Students with dual diagnosis of developmental disability and mental health disorders – including:	26
Reactive Attachment Disorder	7
Post-Traumatic Stress Disorder	21
Bipolar Disorder	8
Unspecified Mood Disorder	20
Schizophrenia	3
Autism	4
Age range of students served	11-22
Students from Massachusetts	29
Students from Connecticut, New York, Virginia, Puerto Rico, Rhode Island, California, Ohio, Pennsylvania, Colorado	19
Day students from local communities	1
New students during FY18	12
Male students –	25
Female students –	29

ADULTS SERVED

Adults in Residential Services	63
Adults with diagnosis of Prader-Willi syndrome	45
Adults with dual diagnosis including developmental disabilities and mental health disorders	18
Age range of adults served	22-63
Adults who lived in a Latham 24-hour support residence	54
Adults who lived in a Shared Living residence	7
Adults who lived in a Supported Living arrangement	2
Male Residents	28
Female Residents	35
Adults from Massachusetts –	49
Adults from other states:	
Connecticut –	8
Rhode Island –	2
Vermont –	2
Maryland –	1
Alaska –	1

At Latham Centers, four core values help guide us in our interactions and communication among staff, residents, and Latham families. We focus on these values because we believe that all people share these universal needs in order to be happy, successful, and fulfilled.

- They are:
- **BELONGING** – Everyone needs to feel part of a group or community.
 - **MASTERY** – Everyone should feel that they are capable and skilled in at least one area.
 - **INDEPENDENCE** – Everyone needs to have a voice and a sense of control over themselves.
 - **GENEROSITY** – The most powerful thing a person can do is to provide service to someone else.



Rabbi Yekusiel Alperowitz helps Latham staff prepare to welcome a new student

This year our Children’s Services team welcomed a new student who observes Orthodox Judaism. To best serve this student and to learn more about Kosher dietary laws and Orthodox Jewish traditions, we invited Rabbi Yekusiel Alperowitz from Chabad Lubavitch (in nearby Hyannis) to speak with us and answer questions. In attendance were Latham’s chefs, residential and educational staff members, and clinicians. Rabbi Alperowitz educated the staff on Jewish dietary laws regarding food consumption, preparation, and observation periods. The Rabbi also discussed the tradition of Shabbat, the day of rest. The Rabbi’s impressive presentation helped all of us at Latham to make our new student feel welcome.



Latham students place first in Music Memory competition

Latham students participated in the Music Memory competition sponsored by the Cape Cod Conservatory featuring the Cape Cod Symphony in a “name-that-tune” type of contest which included music from five historical periods: Renaissance, Baroque, Classical, Romantic, and Contemporary. Latham students from the Marconi classroom placed first in the Grade 7–12 section. “The students surprised me with their enthusiasm and dedication,” said Sara Jane Mason, Instructor of Performing Arts & Wellness.

The Music Memory nationally-recognized curriculum provides students with an in-depth study of 12-16 selected compositions each year. Prominent composers of orchestral, vocal, choral, band, and keyboard pieces are featured including Beethoven, Mozart, Bach, and a school favorite, Scott Joplin on ragtime piano. Our students’ achievement in this challenging competition is a wonderful reflection of how music enhances our curriculum and inspires effort.





Latham Players perform in CapeCodCAN's "Celebrating Ourselves" Talent Show

In October, The Latham Players, a group of performers drawn from Latham's Adult Services Program, gave an outstanding performance at the "Celebrating Ourselves" Talent Show at Thirwood Place in South Yarmouth. This annual event sponsored by CapeCodCAN (Cape Cod Collaborative Arts Network) provides opportunities for inclusion and active participation in the arts for people with unique talents and all abilities on Cape Cod.



They performed with confidence and joy and were enthusiastically received by a multi-generational, diverse audience. Our Players acquitted themselves beautifully in such numbers as 'For Once in My Life', 'Sunny Came Home', 'Imagine', 'Bless the Broken Road' and 'I'll Fall in Love Again', performing both solo and choral parts.

This year, The Latham Players were the grateful recipients of a generous grant from the Arts Foundation of Cape Cod which funded a live pianist at their rehearsals to help them improve their pitch and musicality. The "Celebrating Ourselves" talent show was a wonderful opportunity for the Players to show off their musical growth and their love of performance.



Patrice Carroll serves as co-chair of the Annual Prader-Willi Professional Providers Conference in Orlando, FL

Latham Centers' Patrice Carroll was invited to co-chair the annual Prader-Willi Professional Providers conference in November. Patrice is an internationally renowned expert on Prader-Willi syndrome with over two decades of experience treating individuals with PWS.



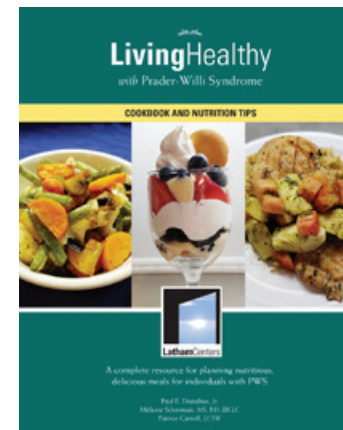
"As co-chair of the Professional Providers Advisory Board, I had a unique and amazing experience. This conference enabled me to connect with other PWS providers across the country, all of whom have given me insight into the challenges and successes that providers experience on both a micro and macro level. Throughout the year, providers contact the advisory board for support, suggestions, and advice on challenges they face as PWS caregivers. Being a part of this incredible community has been one of the most rewarding parts of my job."

Latham bowlers exemplify sportsmanship

The Latham Hawks student bowling team had an exceptional season. In February, they participated in two local tournaments at Ryan Family Amusements in Yarmouth and at the Lanes in Mashpee. Their achievements included high scores as well as improved ability. After training with a ramp in practice, the students were able to bowl without it at the tournament which was a great source of pride. The Yarmouth tournament provided a chance to meet other student-athletes from around the Cape. Our Latham students were welcoming and kind, putting their new friends at ease and cheering on their competitors just as much as their own teammates.

Latham publishes new Living Healthy with Prader-Willi Syndrome Cookbook

In June, Latham Centers published the highly anticipated *Living Healthy with Prader-Willi Syndrome Cookbook and Nutrition Tips*. Written for the community of parents and caregivers of those with Prader-Willi syndrome (PWS), the cookbook is a complete resource for planning nutritious, delicious meals for individuals with PWS. It includes articles on physical fitness, nutrition, and meal planning, as well as health-related articles and tips for families caring for a loved one diagnosed with PWS.

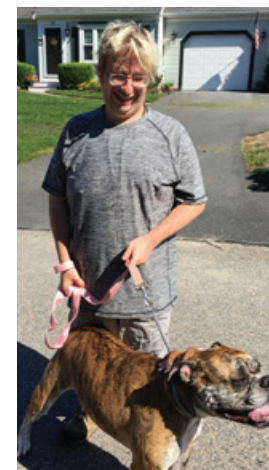


The cookbook was authored by Latham Director of PWS Services Patrice Carroll; Head Chef Paul E. Donahue, Jr.; Director of National Outreach Katrina Fryklund; and Registered Dietician and Expert in PWS Nutrition Melanie Silverman.



Pet Care as a passion – and a job for Latham residents

Several adult residents have found great satisfaction participating in Latham's Pet Care Program, part of our Adult Vocational Program. Dog walking services are provided by a Latham resident (accompanied by a Latham Centers direct support professional) and enable the pet owner to create a schedule for regular exercise for their dog while providing a paid vocational opportunity for



Latham adults. This unique vocational program provides an animal therapy component while offering both an opportunity for paid employment and community integration.



Individualized career planning matches adult resident Drew with Agway's pet department

Adult resident Drew K. has a successful seasonal job in the pet department at Agway of Cape Cod's South Dennis store. Drew's placement illustrates the positive results of our client-centered individualized career planning. Drew's career plan is focused on pets – he loves cats and dogs. Because Agway allows its customers to bring their well-behaved pets into their stores, the pet department job was ideal for Drew. He enjoyed working at Agway and the Agway staff appreciated the many ways that Drew contributed to the retail team. Below, Drew is photographed at work with Adult Services staff member Sam MacDonald and Manager of Agway's pet department Heidi Edester.





Family members raise funds to support Latham Centers and raise awareness about Prader-Willi syndrome

Brendan Corliss is so passionate about our mission that he biked 220 miles from Maine to Cape Cod to raise funds for our programs. Brendan created the “2017 Strength Ride” in honor of his brother, a Latham resident who has been part of our Adult Services Program since 1997. Brendan organized and promoted the ride himself. On a windy, rainy day in October, Brendan rode his bike 200 miles from Portland, Maine to West Yarmouth, Mass., raising over \$2,400 for Latham Centers.



Leah Healy organizes Run for PWS on Long Island to benefit Latham students

In June, high school junior Leah Healy organized a 5K Run/Walk to benefit students with Prader-Willi syndrome (PWS). Leah is a student at Bay Shore High School (Long Island, New York), and the proud sister of a student in Latham’s residential program. She created the Run for PWS with the hope of making a difference in the lives of the students at Latham who are challenged by PWS.



“I have a 15-year-old brother named Sean and he has Prader-Willi syndrome. I am spreading awareness of PWS so that Sean and other individuals born with PWS can benefit.”

The Run for PWS attracted over 300 runners and raised over \$17,000 to support Latham Centers’ programs and the capital campaign for the new Latham Community and Arts Center.

We are so grateful to Leah and Brendan and the other Latham families who share the gifts of their time, talent, and treasure to support the work we do and the children and adults we serve.

8th Annual Charity Golf Classic

The 8th Annual Latham Charity Golf Classic held at Ocean Edge Resort & Golf Club raised over \$80,000 to support vital Latham programs and the future Latham Centers campus expansion. The October 16th tournament, in memory of Bob Bernstein and in honor of Jack and Jo-Ann Kelly, included 18 holes of golf, a dinner reception, live and silent auction, and raffle prizes. A moving tribute to the late Bob Bernstein, Latham parent and founding member of the Golf Classic Steering Committee, was presented by friends and family. The evening program also included the presentation of a tribute gift to event honorees Jack and Jo-Ann Kelly, parents of Drew who is a Latham School graduate and current resident in our Adult Services Program. Jack and Jo-Ann were honored for their years of support and service to Latham Centers.



Capital Campaign

The Campaign for the new Latham Community and Arts Center

At a press conference in January, the public phase of the Expanding Our Circle Capital Campaign for the new Latham Community and Arts Center was launched. Anne McManus, President and CEO, spoke to an audience of Latham families, staff, government and business leaders, donors and community partners, sharing the exciting news that we had reached a major milestone in the campaign, having raised over \$1.2 million toward the \$2.1 million goal. We are so grateful to the individuals and businesses who have generously committed to a place we hope will become a hub of activity, education, and socialization for Latham’s expanding circle.

Also announced at the press conference was a \$250,000 challenge match pledged by a local family who wishes to remain anonymous. It means so much to all of us at Latham to know that our work has resonated so deeply with them and inspired them to invest in our future. Their hope is that this challenge pledge will inspire others in the community to give.

Plans are underway to transform the former New England Fire and History Museum building located at 1439 Main Street in Brewster into a vibrant new Latham Community and Arts Center.



The Cooperative Bank of Cape Cod pledged \$50,000 to the capital campaign to name the Vocational Classroom in the new Community and Arts Center and to fund a fiscal literacy curriculum for transitional students. (L-R Anne McManus, Latham President and CEO; Lisa Oliver, President, Cooperative Bank of Cape Cod; Jeni Landers, former Chair, Latham Centers Board of Directors).



Architectural illustration

The Need

- Our Children’s and Adult programs are at capacity. Our campus cannot sustain continued growth.
- The new Latham Community and Arts Center will provide space for expanded health, fitness, vocational, visual and performing arts, and enrichment activities.
- Adult residents will have a dedicated place to establish and maintain important social connections beyond their individual residences.
- It will be the new home of the Latham Players and training camp for our Special Olympians.

In the Community

- The Latham Community and Arts Center will be open to the public for meetings, programs, and the performing arts.
- Revitalization of the property will enhance the landscape on Route 6A (the historic Old Kings Highway) and will complement the architecture of the Brewster community.
- The Latham Community and Arts Center will serve as a hub for the entire special needs community on the Cape, fostering collaborations and social connection.

The Project

The new Latham Community and Arts Center will be a dynamic multi-use facility where Latham students, adult residents, staff – and community members – can be physically active, learn and connect.

- Renovations will include structural work, upgrades and repairs to the building systems.
- Further work will be done to bring the building up to code for accessibility and safety.
- The Community and Arts Center will feature a gymnasium, fitness center, art room, recreation space, auditorium and stage, technology room, wood shop, and vocational center.
- The facility will be appointed inside and out to reflect the character of the community and to enhance the natural beauty of the area.
- The grounds will feature ample parking, vehicle drop-off area near the main entrance, pedestrian crossings, improved lighting and safe walkways, and areas to sit and gather.

Ways to Give

Latham Centers relies upon the generosity of individual donors and community partners to fund the specialized care and diverse programming which allows us to fulfill our mission.

Tax deductible gifts of any size are meaningful and appreciated. Giving options include but are not limited to:

- A gift of cash, securities or real estate
- A gift of a life insurance policy
- A charitable gift annuity or trust
- A gift in memory or in honor of a loved one

Gifts can provide support in a variety of ways and can be restricted to your area of interest, or unrestricted to fund where the need is greatest.

- Programming areas of interest:*
- Animal therapy including donkey and equine therapy
 - Vocational and pre-vocational training programs
 - Art and music therapy programs
 - Physical fitness and wellness programs

Thank you in advance for your support.
Please contact Heather Kelsey, Director of Development,
for additional information:
hkelsey@lathamcenters.org or (774) 353-9215

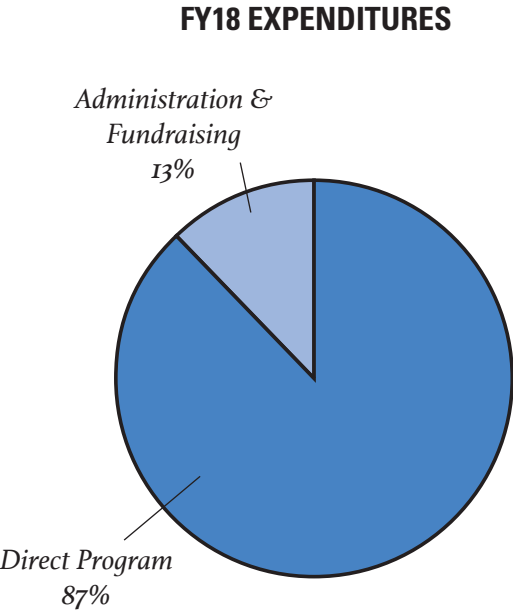
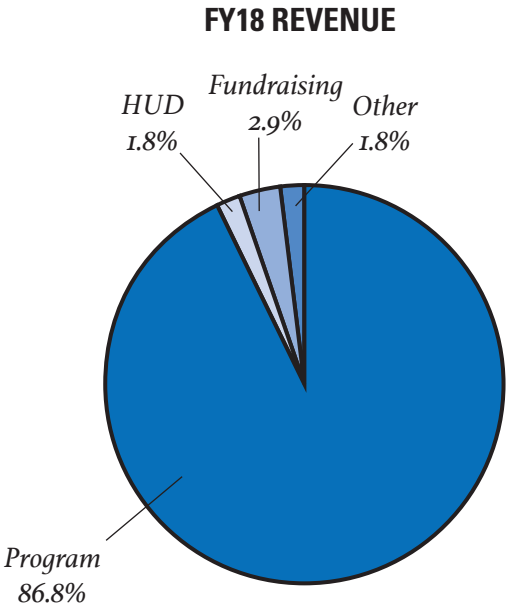


Latham Centers creates opportunities for independence, self-worth, and happiness for children and adults with complex special needs.

Financials

	FY2018
Total Revenue	\$20,867,367
Contributions	\$652,161
Expenditures	\$20,932,386
Total Liabilities	\$10,815,276
Total Net Assets	\$8,105,562

For a copy of the audited Financial Statements of Latham Centers, Inc. prepared by Leonard, Mulherin & Greene, P.C., please contact Latham Centers.





LathamCenters

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